

**TO:** INTRO TO RACING

**FROM:** Rick Reid, Program Director  
Rikki Lynn, Intro Head Coach

**RE:** 2009/2010 INTRO TO RACING SCHEDULE

Enclosed is the Intro to Racing Training and Race Schedule. Please pay attention to the dates and plan ahead accordingly.

**MEETING TIMES:** Meet “Rikki” or your coach at **9:00 a.m.** in front of the Day Lodge. With the exception of race days or adverse conditions, lunch will be from approximately 11:45 a.m. to 1:00 p.m. Afternoon session is from **1:00 p.m.** until approximately 3:00-3:30 p.m.

**HELMETS:** We recommend the use of helmets for all training/skiing.

For up-to-date information, please refer to your newsletter and information bulletins along with your Training and Race Schedule.

Please feel free to contact Rick, Rikki, or Terry with any questions.

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| Rick Reid, Program Director         | 509-672-3101 |
| Rikki Lynn, Intro Head Coach        | 253-948-7264 |
| Terry Critchlow, WPSC Adm. Director | 509-672-3101 |